

*We take pride in delivering world-class service to all of our customers.
Read what one of our satisfied clients has said about us!*

Dear Surteg,

BodyAccess™

Benefits I have felt from the Egoscue stretches & exercises---
I am **stronger**--have more endurance.
For instance, I went on a long bike ride, had much **more strength and endurance** for pedaling even though I hadn't ridden lately!
I pushed Liam in the stroller up a steep hill **easily** without needing to stop and rest.
I **feel the connection** with the muscles through my torso when I walk for the first time.
Walking feel like it involves the **whole body**, not just the legs and hips.
I feel **more flexible** in the lumbar/sacral area.
My leg muscles are **firmer**.
My but muscles are **firmer**.
I feel like standing **straight**, not slumped.
I notice when I'm slumping, and remind myself to be straight and erect.
My hip joints feel **amazingly freer**.
They move more **easily** with no discomfort when walking or moving.
I am **very grateful** for this program which is **enriching my life**.
I am very grateful for Surteg's knowledge and deep intuitional "tuning in" which helps him design my program.

Energy Access™ with Surteg today.

He touched many different parts of my body while tapping on my head and thymus area.
He helped **open up** my sinuses and lungs which were a bit congested.
I am **breathing clearly** now!
He helped open up my **hip joints**.

Heart Access™ today

He did many affirmations with me, such as

"I am proud of myself" (which caused me to have an emotional release)
"I forgive myself".
"The past is done with".
"The future is awesome".
"I am strong in every way".
"**Everything** is going well for me".
"**SO BE IT!**"

I am so grateful to Surteg for his expertise and knowledge of the **PostureAccess™** techniques and his clear intuitive sense of what needs to be addressed.

MW, Cary NC July 2006