

Posture Access™

is about helping you access the DESIGN posture*
via wellbeing that you allow
by
tapping into the strongest frequencies
of your astral/emotional body,
balancing out the comparatively lower frequencies
of your etheric body and
stretching the muscles to actually reposition your joints
at the slowest frequencies of your physical body.

The DESIGN posture* is indicative
of a total balance and pain free life.

Principles

Health is a present moment thing.

Physical Body works as a unit.

Astral, Etheric and Physical body works as unit too.

Physical body is sourced through etheric, astral bodies back to
the SOURCE where from the total wellbeing flows, freely.

*The **DESIGN** body posture basically consists of right angles at the joints
which occur at the intersection of two vertical lines
(through right and left ankle-knee-hip-shoulder) and four horizontal lines
(through each pair of ankles, knees, hips, shoulders).

These angles are viewed from the front/ back and left side/ right side
perspective and **deviations** from the right angles are the reason to believe
that a deliberate input in three bodies (Astral/ Etheric/ Physical) will make up
for the loss of functional energy.