



History

In 2004 we began as a small exercise therapy outfit providing Posture Alignment services referred to as **Body Access** today.

In 2006 we added **Chi Access** routines to client therapy protocols.

In 2007 we began to offer **HeartAccess** and launched **the PAW Method**

PostureAccess4Life.com was launched in July 08 to bring *GetPainFree4Life* programs to elementary, middle and high schools and community organizations all across the USA.

Our Business....

is your education about your body's ability to heal and balance itself with very simple stimuli

The Story

In 2003 Mr.Sandhu had a shoulder disability that put him out of work for 2 years. A desire to learn about the causes of this functional disability (*which probably was created and promoted by sedentary, forward leaning lifestyle & hardcore athletic workouts*) led Mr. Sandhu to the discovery of *Human Posture, Energy Medicine* and role that *Emotions* play in guiding our well-being.

Mr. Sandhu...

- attended certificate programs for Posture Alignment Specialist (2005) with The Egoscue Method and Body Talk Access (2006) energy medicine with IBTA.
- has a BS (Chem Engineering) from IIT Delhi and an MBA.