

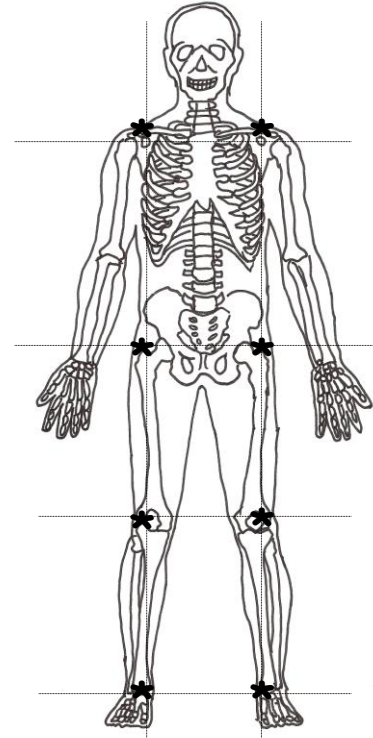


## PAW Principle #1 - Physical Human

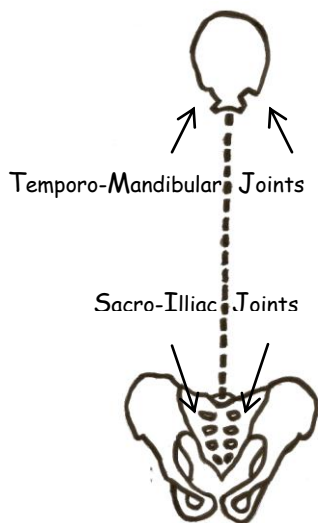
### Functional Design Posture

This features an 8 point grid with right angles. Traditional experts only go to the physical anatomy. Most go to the symptom. Some pay attention to the structure/ posture. Another set of terms used is Good/ Bad posture.

The 8 points grid is shown with each joint represented with an asterisk (\*). Imagine 4 horizontal lines, each going through a pair of load joints-: ankle, knee, hip, shoulder; and 2 vertical lines, each going through each side of 4 load joints. These lines make the posture grid where right angles occur at the intersections. And deviations from the right angles give clues as to what PAW approach would be the best to take. Remember that the physical body works as a unit in itself. Grid is our primary focus. The points that make the grid are secondary in importance. They report symptoms.



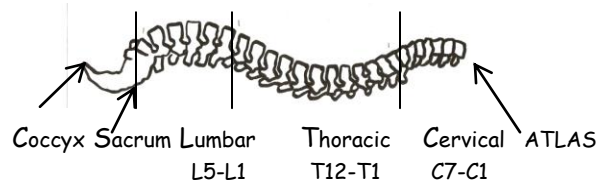
*Bone, Tissue & Blood  
i.e. Physical Human*



### Functional Design Posture

S-curve spine  
(on the right)

Or w-shape spine below  
(supine position)



And I-shape from the front  
or the back (on the left)

